




St. Anthony/ New Brighton	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<h1>September</h1>				
<b>Wilshire Park Lunch Menu 2017</b>			<b>Chicken &amp; Cheese Quesadilla</b>	<b>Ferndale Market Turkey Burger</b>	<b>WG Breaded Chicken Patty</b>
<b>Prices:</b>			Harvest Cheddar Sun Chip	Whole Grain Bun	on Whole Grain Bun
Secondary: \$2.65			<b>Soybutter &amp; Grape Jelly Sandwich</b>	Herb Roasted Zucchini & Summer Squash	<b>Vegetable Baked Egg Roll</b>
Reduced: Free of charge			String Cheese	Triple Berry Jonny Pop	<b>Vegetable Fried Rice</b>
Adult Lunch: \$4.00			Cauliflower Florettes	Apple Wedges	Steamed Broccoli
Milk: \$ .55	4	5	Sweetened Strawberries		Chilled Fruit Cocktail
Breakfast: \$2.00	<b>Cheese Lasagna Roll Up</b>	<b>Sweet &amp; Sour Chicken</b>	<b>Meatball Marinara Sub</b>	<b>Beef or Bean Nachos</b>	<b>Brunch 4 Lunch!</b>
Salad Bar, fresh fruit & milk are available daily (Dietary substitutes available with physician's statement)	Mozzarella Cheese	Steamed Brown Rice	on Whole Grain Bun	Whole Grain Tortilla Rounds	Whole Grain French Toast Sticks
	Whole Grain Garlic Toast	Fortune Cookie	Mozzarella Cheese	Refried Beans	Yogurt
<b>Nutrition Services is proud to once again feature Minnesota Thursday! This month will feature a Ferndale Market Turkey Burger!</b>	<b>Turkey Sandwich on Hoagie</b>	<b>Cheese Enchilada</b>	<b>Tortellini Alfredo</b>	Fresh Nacho Fixings	<b>Smoked Turkey &amp; Cheese Hoagie</b>
	Red Pepper Strips	Salsa	Steamed Peas	Chilled Peaches	Fresh Veggies
	Chilled Applesauce	Steamed Broccoli	Chilled Peaches		Oven Baked Tri Tator
	11	Mandarin Oranges 12	13	14	Sweetened Strawberries 15
	<b>Mashed Potato Bowl</b>	<b>Teriyaki Rice Bowl</b>	<b>Beef Burrito</b>	<b>Cheesy French Bread with</b>	<b>Pasta Alfredo</b>
	Mashed Potatoes & Gravy	Teriyaki Chicken or	<b>Bean Burrito</b>	Marinara Sauce	<b>Garlic Pepper Chicken</b>
	Whole Grain Popcorn Chicken	Teriyaki Tofu	Salsa	<b>Smoked Turkey &amp; Cheese Hoagie</b>	Whole Grain Rotini
	Shredded Cheese	Szechuan Green Beans	Roasted Peppers & Onions	Roasted Parmesan Zucchini	Whole Grain Garlic Toast
	Steamed Corn	Chocolate Chip Cookie	Zesty Refried Beans	Frosty Pineapple Tidbits	Steamed Broccoli
	Whole Grain Biscuit	Chilled Pears	Chilled Fruit Cocktail		Mandarin Oranges
	Frosty Pineapple Tidbits	18	19	20	21
	<b>Brunch 4 Lunch!</b>	<b>Whole Grain Pasta with</b>	<b>Roast Chicken &amp; Gravy</b>	<b>Mandarin Orange Chicken</b>	<b>WG Breaded Fish Patty</b>
	Scrambled Eggs	Meatballs or	Fluffy Whipped Potatoes	Steamed Brown Rice	on Whole Grain Bun
	Belgian Waffle Sticks	Marinara Sauce	Whole Grain Dinner Roll	<b>Cheese Quesadilla</b>	Tarter Sauce
	Whole Grain Muffin	Pamesan Cheese	<b>Toasted Cheese Sandwich</b>	Tossed Romaine Salad	<b>WG Mini Cheese Ravioli</b>
	American Fries	Steamed Broccoli	Steamed Green Beans	Chilled Pears	Marinara Sauce
	Blueberries	Chilled Pears	Chilled Peaches		Creamy Coleslaw
	25	26	27	28	29
Want to work in the cafeteria as a sub? Contact Lisa Amundsen at 612-706-1207 or liamundsen@stanthony.k12.mn.us					
	The menu is featuring fun, healthy new offerings! Let us know what you think or what new items you would like to see on the menu!				
	Meatless option now available daily.				
	<b>Harvest of the Month!</b> Partnering with our local food Hub--The Good Acre--we will be featuring a local vegetable on our menu each month. Look for the symbol				
	<b>Coming Soon!</b> Online interactive menus with nutrition, ingredient and allergen information! Watch for next month's menu posting!				