

St. Anthony	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Middle/ High School	Meat Combo Calzone	Sizzling Chicken Fajitas	Cheese Bread Dunkers	All-Beef Hot Dog on	Italian Stuffed Shells
Lunch Menu	with Marinara Sauce	on Whole Grain Tortillas	with Marinara or Meat Sauce	Whole Grain Bun	with Marinara Sauce
2017	Steamed Broccoli	Seasoned Brown Rice	Chicken Alfredo with	BBQ Chicken Drumsticks	#Pulled Pork Sandwich#
Prices:	Hot Turkey Sandwich	Black Bean Salsa	Fresh Spinach & Lime	Whole Grain Cornbread 	on Whole Grain Bread
Secondary: \$2.90	Mashed Potatoes & Gravy	Fresh Fixings	Cucumbers & Celery Sticks	Creamy Coleslaw	Strawberry Spinach Salad
Reduced: Free	Steamed Green Beans	Philly Beef Sandwich	Steamed Green Beans	Baked Beans 	Crunchy Fresh Veggies
Adult: \$3.80	Pineapple Tidbits	w/ Onions, Peppers, Cheese	Chilled Peaches	Chilled Applesauce	Diced Pears
Milk: \$.55		1 Mixed Fruit 2			4 5
Breakfast: \$2.15	Whole Grain Cheese Sticks	Fiesta Beef Taco	Popcorn Chicken with	Roasted Chicken & Gravy	Chicken Nuggets
Deli, Salad Bar, soup, fresh fruit & milk are available daily (Dietary substitutes available with physician's statement)	with Marinara Sauce	with Salsa & Fresh Fixings	Sweet & Sour Sauce	Stuffing, Whole Grain Roll	Seasoned Brown Rice
	Steamed Carrots	Refried Beans	over Brown Rice	Cranberry Sauce	Steamed Broccoli
	Buffalo Chicken Wrap	Hot Turkey & Swiss Sandwich	Chicken Alfredo with	Mashed Potatoes	Grilled Cheese Sandwich
	Sweet Potato Confetti Tots	on Whole Grain Bread	Fresh Spinach & Lime	Philly Beef Sandwich	Tomato Bisque Soup
	Mixed Fruit	Steamed Corn	Baby Carrots	w/ Onions, Peppers, Cheese	Chilled Peaches
		8 Mandarin Oranges 9	Diced Pears 10	Applesauce 11	
	WG Chicken Strips	Mexican Haystacker w/	WG French Toast Sticks	Macaroni & Cheese	Shrimp Poppers with
	with Dipping Sauce	Fluffy Rice & Fresh Fixings	#Pork Sausage Patty#	Steamed Broccoli	Oven Browned Potatoes
	Whole Grain Breadstick	Refried Beans	Crispy Hashbrown	Whole Grain Breadstick	Whole Grain Breadstick
	#Cuban Pulled Pork#	Chicken Mashed Potato	Chicken Alfredo with	Buffalo Chicken Wrap	Philly Beef Sandwich
	Sandwich on WG Bun	Bowl with Gravy	Fresh Spinach & Lime	Potato Rounds	w/ Onions, Peppers, Cheese
	w/ Onions, Peppers, Cheese	Whole Grain Biscuit	Chilled Applesauce	Diced Pears	Steamed Peas & Carrots
	Steamed Carrots	Steamed Green Beans			Mixed Fruit
	Pineapple Tidbits 15	Mandarin Oranges 16			
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Nutrition Services is proud to introduce Minnesota Thursday! This month will feature a Smart Chicken BBQ Drumstick!	WG Bosco Stick	Beef Ravioli	Italian Whole Grain Pasta	#Footlong Hot Dog#	Cheese Bread Dunkers
	with Marinara Sauce	Whole Grain Breadstick	with Marinara Sauce	on Whole Grain Bun	with Marinara or Meat Sauce
	#Cuban Pulled Pork#	French Market Salad	Whole Grain Garlic Bread	Baked Beans	#Pork Carnitas Tacos#
	Sandwich on WG Bun	Philly Beef Sandwich	Chicken Alfredo with	Buffalo Chicken Wrap	with Pineapple Salsa
	w/ Onions, Peppers, Cheese	w/ Onions, Peppers, Cheese	Fresh Spinach & Lime	Potato Rounds	Steamed Carrots
	Steamed Broccoli	Pineapple Tidbits	Garden Fresh Romaine Salad	Celery Sticks	Diced Pears
	Chilled Peaches		Baby Carrots	Mixed Fruit	
			Chilled Applesauce 24		
					22 23 24 25 26
		Beefy Nachos w/ Cheese	Cheese Bread Dunkers		
		Sauce & Fresh Fixings	with Marinara or Meat Sauce		
		Seasoned Brown Rice	Chicken Alfredo with		
	Holiday	Black Bean Salsa	Fresh Spinach & Lime		
		Chicken Mashed Potato	Cucumbers & Celery Sticks		
		Bowl with Gravy	Steamed Broccoli		
		Steamed Corn	Mandarin Oranges		
		29 Cinnamon Applesauce 30			
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