

WEEK 5

SAHS

ISD #282 ST. ANTHONY/NEW BRIGHTON

5/1/17

LUNCH MENU CYCLE 2017

MONDAY- 5/1**TUESDAY-5/2****WEDNESDAY-5/3****THURSDAY-5/4****FRIDAY-5/5**

MAIN LINE	Whole Grain Meat Combo Calzone with Marinara Sauce	Sizzling Chicken Fajita Seasoned Rice	Cheese Bread Dunkers w/Marinara Sauce	All Beef Hot Dog on Bun Creamy Potato Salad	Italian Stuffed Shells with Marinara Sauce
COOKZORDER LINE	Hot Turkey Sandwich Mashed Potatoes & Gravy	Philly Beef Sandwich with Onions, Peppers & Cheese	Chicken Alfredo w/ Fresh Spinach & Lime	BBQ Chicken Drumsticks Cornbread	Pulled Pork Sandwich w/ Kettle Chips & Fresh Veggies
GRILL LINE	Pizza	Pizza	Pizza	Pizza	
	Chicken Sandwich/WG Bun	Chicken Ranch Sand/WGB w/FF	BBQ Ranch Burger	Smokey Chicken Sandwich/WGB	Hot Sub Sandwich
	Hamburger/WG Bun	Cheeseburger/WG Bun	Chicken Sandwich/WG Bun	Cheeseburger/WG Bun w/FF	Chicken Sandwich/WG Bun
		Veggie Burger/WG Bun	Hamburger/WG Bun	Veggie Burger/WG Bun	
	Curly Fries		Curly Fries		Curly Fries
SALAD BAR	Chef Salads	Chef Salads	Chef Salads	Chef Salads	Chef Salads
DELI BAR	Combo Sub/WG Bun	Egg Salad Sandwich	Combo Sub/WG Bun	Egg Salad Sandwich	Combo Sub/WG Bun
DELI BAR	Chipotle Turkey Wrap	Chipotle Turkey Wrap	Chipotle Turkey Wrap	Chipotle Turkey Wrap	Chipotle Turkey Wrap
DELI BAR	Taco in a Bag	BYO Sub Sandwiches	Super Nachos	BYO Sub Sandwiches	Taco in a Bag
SOUP DE JOUR					
VEGGIE BAR	Steamed Green Beans	Seasoned Brown Rice	Steamed Green Beans	Coleslaw	Strawberry Spinach Salad
	Steamed Broccoli	Red & Green Peppers		Baked Beans	
		Fiesta Black Beans			
		Salsa	Cucumber Sticks	Pickle Slices	Pickle Slices
	Shredded Lettuce	Shredded Lettuce	Shredded Lettuce	Shredded Lettuce	Shredded Lettuce
	Broccoli Bites	Broccoli Bites	Broccoli Bites	Broccoli Bites	Broccoli Bites
	Celery Sticks	Celery Sticks	Celery Sticks	Celery Sticks	Baby Carrots
	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Crunchy Cauliflower
	Crunchy Cauliflower	Crunchy Cauliflower	Crunchy Cauliflower	Crunchy Cauliflower	Cucumber Slices
	Cucumber Slices	Cucumber Slices	Pickle Slices	Cucumber Slices	Cherry Tomatoes
	Cherry Tomatoes	Cherry Tomatoes	Cherry Tomatoes	Cherry Tomatoes	Fresh Fruit
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Diced Pears
	Pineapple Tidbits	Mixed Fruit	Diced Peaches	Chilled Applesauce	
	Lowfat Milk	Lowfat Milk	Lowfat Milk	Lowfat Milk	Lowfat Milk

WEEK 1

SAHS

ISD #282 ST.ANTHONY/NEW BRIGHTON

5/8/17

LUNCH MENU CYCLE 2017

WEDNESDAY-

MONDAY-5/8

TUESDAY-5/9

5/10

THURSDAY-5/11

FRIDAY-5/12

MAIN LINE	Cheese Sticks with Marinara Sauce	Fiesta Beef Taco with Fresh Fixings	Popcorn Chicken with Sweet & Sour Sauce with Savory Brown Rice	Roast Chicken & Gravy WG Roll/ Stuffing/ Cranberries	Whole Grain Chicken Nuggets Seasoned Brown Rice; Whole Grain Bread
COOKZORDER LINE	Buffalo Chicken Wrap Potato Rounds	Hot Turkey & Swiss Sandwich w/ Steamed Broccoli	Chicken Alfredo with Fresh Spinach & Lime	Philly Beef Sandwich with Onions, Peppers & Cheese	Grilled Cheese with Tomato Bisque Soup
GRILL LINE	Pizza	Pizza	Pizza	Pizza	
	Chicken Sandwich/WG Bun	Chicken Ranch Sand w/FF	BBQ Ranch Burger/ WG Bun	Chicken Sandwich/WG Bun	Chicken Sandwich/WG Bun
	Cheeseburger/WG Bun	Cheeseburger/WG Bun	Cheeseburger/WG Bun	Cheeseburger/WG Bun w/FF	Hamburger/WG Bun
			Veggie Burger/WG Bun		Hot Sub Sandwich
	Curly Fries		Curly Fries		Curly Fries
SALAD BAR	Chef Salads	Chef Salads	Chef Salads	Chef Salads	Chef Salads
DELI BAR	Combo Sub/WG Bun	Chicken Salad/Croissant	Combo Sub/WG Bun	Chicken Salad/Croissant	Combo Sub/WG Bun
DELI BAR	Cobb Salad Wrap	Cobb Salad Wrap	Cobb Salad Wrap	Cobb Salad Wrap	Cobb Salad Wrap
DELI BAR	Taco in a Bag	BYO Sub Sandwich	Super Nachos	BYO Sub Sandwich	Taco in a Bag
SOUP DE JOUR					
VEGGIE BAR	Sweet Potato Confetti Tots	Refried Beans/Zesty Salsa	Brown Rice	Mashed Potatoes	Steamed Broccoli
	Steamed Carrots	Steamed Corn	Baby Carrots		
	Sliced Pickles	Pickle Slices	Pickle Slices	Shredded Lettuce	Shredded Lettuce
	Shredded Lettuce	Shredded Lettuce	Shredded Lettuce	Broccoli Bites	Broccoli Bites
	Broccoli Bites	Broccoli Bites	Broccoli Bites	Celery Sticks	Celery Sticks
	Celery Sticks	Celery Sticks	Celery Sticks	Baby Carrots	Baby Carrots
	Baby Carrots	Baby Carrots	Baby Carrots	Crunchy Cauliflower	Crunchy Cauliflower
	Crunchy Cauliflower	Crunchy Cauliflower	Crunchy Cauliflower	Cucumber Slices	Cucumber Slices
	Cucumber Slices	Cucumber Slices	Cucumber Slices	Cherry Tomatos	Cherry Tomatos
	Cherry Tomatoes	Cherry Tomatoes	Cherry Tomatos	Fresh Fruit	Fresh Fruit
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Applesauce	Chilled Peaches
	Mixed Fruit	Mandarin Oranges	Diced Pears	Lowfat Milk	Lowfat Milk
	Lowfat Milk	Lowfat Milk	Lowfat Milk		

WEEK 2

SAHS

ISD #282 ST. ANTHONY/NEW BRIGHTON

5/15/17

LUNCH MENU CYCLE 2017

WEDNESDAY-

MONDAY-5/15

TUESDAY-5/16

5/17

THURSDAY-5/18

FRIDAY-5/19

MAIN LINE	WG Chicken Strips w/ Sauce Whole Grain Breadstick	Mexican Haystacker w/Fluffy Rice & Fresh Fixings	WG French Toast Sticks Pork Sausage Patty	WG Macaroni & Cheese Whole Grain Breadstick	Shrimp Poppers, WG Breadstick Oven Browned Potatoes
COOK2ORDER LINE	Cuban Pulled Pork Sandwich Onions, Peppers & Cheese	Chicken Mashed Potato Bowl w/Gravy	Chicken Alfredo with Fresh Spinach & Lime	Buffalo Chicken Wrap Potato Rounds	Philly Beef Sandwich w/ Onions, Peppers & Cheese
GRILL LINE	Pizza	Pizza	Pizza	Pizza	
	Chicken Sandwich/WG Bun	Chicken Sandwich/WG Bun	BBQ Ranch Burger/WG Bun	Buffalo Chicken Sand/WGB w/FF	Hot Sub Sandwich
	Hamburger/WG Bun	Cheeseburger/WG Bun w/ FF	Cowboy Burger/WG Bun	Cheeseburger/WG Bun	Chicken Sandwich/WG Bun
			Veggie Burger/WG Bun	Veggie Burger/WG Bun	Hamburger/WG Bun
	Curly Fries		Curly Fries		Curly Fries
SALAD BAR	Chef Salads	Chef Salads	Chef Salads	Chef Salads	Chef Salads
DELI BAR	Combo Sub/WG Bun	Combo Sub/WG Bun	Chicken Salad/Croissant	Combo Sub/WG Bun	Combo Sub/WG Bun
DELI BAR	Southwestern Turkey Wrap	Southwestern Turkey Wrap	Southwestern Turkey Wrap	Southwestern Turkey Wrap	Southwestern Turkey Wrap
DELI BAR	Taco in a Bag	Build You Own Sub	Super Nachos	Build You Own Sub	Taco in a Bag
SOUP DE JOUR					
VEGGIE BAR	Steamed Carrots	Refried Beans	Crispy Hashbrown	Steamed Broccoli	Peas & Carrots
		Steamed Green Beans			
		Salsa	Shredded Lettuce	Shredded Lettuce	Shredded Lettuce
	Shredded Lettuce	Shredded Lettuce	Broccoli Bites	Broccoli Bites	Broccoli Bites
	Broccoli Bites	Broccoli Bites	Celery Sticks	Celery Sticks	Celery Sticks
	Celery Sticks	Celery Sticks	Baby Carrots	Baby Carrots	Baby Carrots
	Baby Carrots	Baby Carrots	Crunchy Cauliflower	Crunchy Cauliflower	Crunchy Cauliflower
	Crunchy Cauliflower	Crunchy Cauliflower	Cucumber Slices	Cucumber Slices	Cucumber Slices
	Cucumber Slices	Cucumber Slices	Cherry Tomatoes	Cherry Tomatoes	Cherry Tomatoes
	Cherry Tomatoes	Cherry Tomatoes	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Fresh Fruit	Fresh Fruit	Applesauce	Diced Pears	Mixed Fruit
	Pineapple Tidbits	Mandarin Oranges			
	Lowfat Milk	Lowfat Milk	Lowfat Milk	Lowfat Milk	Lowfat Milk

WEEK 3

SAHS

ISD #282 ST. ANTHONY/NEW BRIGHTON

5/22/17

LUNCH MENU CYCLE 2017

WEDNESDAY-

MONDAY-5/22

TUESDAY-5/23

5/24

THURSDAY-5/25

FRIDAY-5/26

MAIN LINE	Bosco Stick with Marinara Sauce	Beef Ravioli with Breadstick French Market Salad	Italian Whole Grain Pasta with Marinara Sauce	Foot Long Hot Dog on Bun Baked Beans	Cheese Bread Dunkers with Marinara Sauce
COOK2ORDER LINE	Cuban Pulled Pork/WGB Onion, Peppers, Cheese	Philly Beef Sandwich w/ Onions, Peppers & Cheese	Chicken Alfredo w/ Fresh Spinach & Lime	Buffalo Chicken Wrap Potato Rounds	Pork Carnitas Tacos with Pineapple Salsa

Q SPEED LINE	Pizza	Pizza	Pizza	Pizza	
Q SPEED LINE	Chicken Sandwich/WG Bun	Chicken Ranch Sandwich/WGB	BBQ Ranch Burger	Smokey Chicken Sand/WG Bun	Chicken Sandwich/WG Bun
Q SPEED LINE	Pizza Burger/WG Bun	Cheeseburger/WG Bun w/FF	Chicken Sandwich/WG Bun	Cheeseburger/WGBun w/FF	Hamburger/WG Bun
Q SPEED LINE		Veggie Burger/WG Bun	Hamburger/WG Bun	Veggie Burger/WG Bun	Hot Sub Sandwich
	Curly Fries		Curly Fries		Curly Fries
SALAD BAR	Chef Salads	Chef Salads	Chef Salads	Chef Salads	Chef Salads
DELI BAR	Combo Sub/WG Bun	Combo Sub/WG Bun	Combo Sub/WG Bun	Combo Sub/WG Bun	Combo Sub/WG Bun
DELI BAR	Garden Veggie Wrap	Turkey & Swiss Bagel	Garden Veggie Wrap	Turkey & Swiss Bagel	Garden Veggie Wrap
DELI BAR	Taco in a Bag	BYO Sub Sandwich	Super Nachos	BYO Sub Sandwich	Taco in a Bag
SOUP DE JOUR					
VEGGIE BAR	Steamed Broccoli	French Market Salad	Garden Fresh Romaine Salad	Baked Beans	Steamed Carrots
	Pickle Spear	Pickle Spear	Baby Carrots	Celery Sticks	Pickle Slices
	Shredded Lettuce	Shredded Lettuce	Pickle Slices	Shredded Lettuce	Shredded Lettuce
	Broccoli Bites	Broccoli Bites	Shredded Lettuce	Broccoli Bites	Broccoli Bites
	Celery Sticks	Celery Sticks	Broccoli Bites	Celery Sticks	Celery Sticks
	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
	Crunchy Cauliflower	Crunchy Cauliflower	Crunchy Cauliflower	Crunchy Cauliflower	Crunchy Cauliflower
	Cucumber Slices	Cucumber Slices	Cucumber Slices	Cucumber Slices	Cucumber Slices
	Cherry Tomatoes	Cherry Tomatoes	Cherry Tomatoes	Cherry Tomatoes	Cherry Tomatoes
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Chilled Peaches	Pineapple Tidbits	Chilled Applesauce	Mixed Fruit	Diced Pears
	Lowfat Milk	Lowfat Milk	Lowfat Milk	Lowfat Milk	Lowfat Milk

WEEK 4

SAHS

ISD #282 ST. ANTHONY/NEW BRIGHTON

5/29/17

LUNCH MENU CYCLE 2017

MONDAY-5/29

TUESDAY-5/30

WEDNESDAY-6/1

THURSDAY-6/2

FRIDAY-6/3

MAIN LINE		Beefy Nachos with Cheese Sauce & Fresh Fixings	Cheese Bread Dunkers with Marinara Sauce		
COOK2ORDER LINE		Chicken Mashed Potato Bowl w/Gravy	Chicken Alfredo w/ Fresh Spinach & Lime		
GRILL LINE		Pizza	Pizza		
		Chicken Ranch Sand/WGB w/FF	BBQ Ranch Burger		
		Cheeseburger/WG Bun	Chicken Sandwich/WG Bun		
		Veggie Burger/WG Bun	Hamburger/WG Bun		
			Curly Fries		

SALAD BAR		Chef Salads	Chef Salads		
DELI BAR		Cook's Choice Sandwich	Combo Sub/WG Bun	Cook's Choice Sandwich	Cook's Choice Sandwich
DELI BAR		Fajita Wrap	Fajita Wrap		
DELI BAR		BYO Sub Sandwiches	Super Nachos		
SOUP DE JOUR					
VEGGIE BAR		Whole Kernel Corn	Steamed Broccoli		
		Black Bean Salsa	Cucumbers & Celery Sticks		
		Shredded Lettuce	Pickle Slices		
		Broccoli Bites	Shredded Lettuce		
		Celery Sticks	Broccoli Bites		
		Baby Carrots	Baby Carrots		
		Crunchy Cauliflower	Crunchy Cauliflower		
		Cucumber Slices	Cucumber Slices		
		Cherry Tomatoes	Cherry Tomatoes		
		Fresh Fruit	Fresh Fruit		
		Cinnamon Applesauce	Mandarin Oranges		
		Lowfat Milk	Lowfat Milk		