




St. Anthony	MONDAY	TUESDAY	WEDNESDAY	THURSDAY 	FRIDAY
<p>Wilshire Park Lunch Menu</p> <p>2017</p> <p>Prices:</p> <p>Lunch \$2.65 Reduced Free Adult \$3.80 Milk \$0.55</p> <p>Salad bar, fresh fruit and low-fat milk available daily.</p> <p>WowButter & Grape Jelly Sandwiches available M-W-F</p>  <p>Nutrition Services is proud to introduce Minnesota Thursday!</p> <p>This month will feature a Smart Chicken BBQ Drumstick!</p> <p><i>The menu is subject to change without notice. May contain allergens including but not limited to nuts, wheat, fish, soy & dairy. Substitutes available with physician's statement.</i></p> <p>#Contains Pork#</p> <p>This institution is an equal opportunity provider & employer.</p>	<p>Hamburger on Whole Grain Bun</p> <p>Whole Grain Cheese Sticks with Marinara/Meat Sauce Sweet Potato Confetti Tots Crisp Baby Carrots Mixed Fruit</p> <p>1</p>	<p>Sizzling Chicken Fajita on Whole Wheat Tortilla Seasoned Brown Rice Fiesta Black Beans Zesty Salsa</p> <p>Hot Smoked Turkey & Cheese Sandwich Steamed Green Beans Chilled Peaches</p> <p>2</p>	<p>Cheese Bread Dunkers with Marinara/ Meat Sauce</p> <p>Super Salad Bar Steamed Broccoli Celery Sticks Pineapple Tidbits</p> <p>3</p>	<p>BBQ Chicken Drumstick Whole Grain Corn Bread Coleslaw Baked beans</p> <p>WowButter Sandwich Cherry Tomatoes Chilled Applesauce</p>  <p>4</p>	<p>Cheese Pizza Mini Turkey Corn Dogs Strawberry Spinach Salad Steamed Carrots Diced Pears</p> <p>5</p>
	<p>Sweet & Sour Chicken Seasoned Brown Rice</p> <p>Deli Turkey Sub Mandarin Citrus Veggies Broccoli Bites Chilled Applesauce</p> <p>8</p>	<p>Fiesta Beef Taco on Whole Grain Tortilla with Fresh Fixings Refried Beans Zesty Salsa</p> <p>Whole Grain Chicken Strips Whole Kernel Corn Chilled Applesauce</p> <p>9</p>	<p>WG Macaroni & Cheese Smoked Turkey & Cheese Sandwich Steamed Broccoli Baby Carrots Hummus Mixed Fruit</p> <p>10</p>	<p>Chicken & Gravy over Mashed Potatoes Savory Stuffing Whole Grain Dinner Roll</p> <p>WowButter Sandwich Steamed Carrots Mandarin Oranges</p> <p>11</p>	<p>Baked Chicken Nuggets Seasoned Brown Rice</p> <p>Super Salad Bar Steamed Green Beans Cherry Tomatoes Diced Pears</p> <p>12</p>
	<p>#Pepperoni Pizza# Chicken Patty on WG Bun Spinach & Romaine Garden Blend Salad Steamed Broccoli Chilled Peaches</p> <p>15</p>	<p>Mexican Haystacker with Brown Rice & Fixings</p> <p>Mini Corn Dogs Refried Beans Steamed Carrots Mandarin Oranges</p> <p>16</p>	<p>WG French Toast Sticks Cheese Omelet Crispy Hashbrown #Savory Sausage Patties# Salsa Diced Pears</p> <p>17</p>	<p>Grilled Cheese Sandwich Tomato Soup</p> <p>Super Salad Bar Fresh Cucumber Slices Steamed Green Beans Banana</p> <p>18</p>	<p>Shrimp Poppers #Pork Carnitas Taco# Pineapple Salsa Rotini Ranch Salad Steamed Mixed Vegetables Mixed Fruit</p> <p>19</p>
	<p>WG Chicken Strips with Dipping Sauce</p> <p>WG Macaroni & Cheese Steamed Carrots Whole Grain Bread Cherry Tomatoes Pineapple Tidbits</p> <p>22</p>	<p>Shaved Deli Turkey Breast on Whole Grain Bread Shredded Lettuce, Tomato & Pickle Spear</p> <p>Chicken Caesar Salad Garlic Breadstick Diced Peaches</p> <p>23</p>	<p>Italian Whole Wheat Pasta with Marinara Sauce Baked Chicken Nuggets Whole Grain Garlic Bread Garden Fresh Chopped Salad Crisp Baby Carrots Chilled Applesauce</p> <p>24</p>	<p>Sizzling Chicken Fajita on Whole Wheat Tortilla Seasoned Brown Rice Fiesta Black Beans Zesty Salsa</p> <p>Beef Hot Dog on Bun Crunchy Celery Sticks Chilled Pears</p> <p>25</p>	<p>Cheese Bread Dunkers with Marinara or Meat Sauce</p> <p>Super Salad Bar Fresh Cucumber Slices Steamed Broccoli Mixed Fruit</p> <p>26</p>
	<p>Holiday</p> <p>29</p>	<p>Nachos El Grande Nachos with Meat & Cheese Sauce</p> <p>Chicken Nuggets Black Bean Salsa Whole Kernel Corn Cinnamon Applesauce</p> <p>30</p>	<p>Hamburger on WG Bun Whole Grain Cheese Sticks with Marinara/Meat Sauce Steamed Carrots Pickle Slices Chef's Choice Fruit</p> <p>31</p>	